Meal Programs and Food Banks in London February 2010

MEAL PROGRAMS

At^lohsa
343 Richmond St., Entrance is on York Street

Ark Aid Street Mission Inc
696 Dundas St at Lyle St

Beth Emmanuel Church
430 Grey St between Colborne / Maitland St

Bishop Cronyn Memorial Church
442 William St at Queens Ave

Calvary United Church
290 Ridout St S at Garfield Ave

Centre of Hope (Salvation Army Hostel)
281 Wellington St at Horton St

Christ Anglican Church
138 Wellington St at Hill St

Church of St John the Evangelist
280 St James St at Wellington St

Dundas Street Centre United Church
482 Dundas St at Maitland St

East London Anglican Ministries
2060 Dundas St E

Elmwood Presbyterian Church
111 Elmwood Ave E at Cathcart St (5th Saturday)

First Baptist Church
568 Richmond Street

First St Andrew's United Church
350 Queens Ave at Waterloo St

Grace United Church
818 Hamilton Road at Glenwood Ave

InterCommunity Health Centre-North East
#7 – 1355 Huron St

Metropolitan United Church
468 Wellington St at Dufferin Ave

My Sister's Place
546 King St at William St

New Life Centre
220 Adelaide St N at Hamilton Rd

New St. James Presbyterian
280 Oxford St. E

Robinson Memorial United Church
1061 Richmond St at Sherwood Ave

Rowntree Memorial United Church
156 Elliot St at Cheapside St

St James Westminster Church
115 Askin St at Wortley Rd

St Joseph's Hospitality Centre
707 Dundas St at Lyle St

St. John the Evangelist
280 St. James Street

St. Luke's Anglican
1204 Richmond St. N.

St Martin of Tours Church
46 Cathcart St at Elmwood Ave E

Salvation Army Hillcrest (Church)
310 Vesta Rd., corner of Huron & Highbury

Salvation Army Westminster Park Corps (Church)
1190 Southdale Rd.

Street Connection
258 Horton St at Wellington

Trinity United Church
76 Doulton at Hale one block south of Dundas

Victory Heights Baptist Church
123 Chesterfield Ave., corner of Thompson Rd. and Chesterfield

Wellington United Church
156 Wellington St. at Grey St.

Wesley Knox United Church
91 Askin St at Teresa St

Youth Action Centre
141 Dundas St (Lower)

Supporting Organizations
St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, New St. James Presbyterian Church, St. Michael's Roman Catholic Church, Metropolitan United Church

FOOD BANKS

Food Banks usually provide a one to three day supply of food, once a month to once every three months, per individual or family. Proof of home address or identification for each family member may be required.

Centre of Hope, Community Services
281 Wellington St at Horton St 8:00 am – 3:30pm - Mon-Fri
No appointment required – call (519) 661-0343 ext 227
***Note-Clients may <u>not</u> visit both Centre of Hope and Salvation Army Foodbanks**

Salvation Army Westminster Park
1190 Southdale Rd., Wednesday 12 – 1pm

Chalmers Presbyterian Church
342 Pond Mills Rd at Commissioners Rd E., 1:00 – 2:00 pm Tuesday & Thursday
Residents of the area only, appointment required, call (519) 681-7242

Crouch Neighbourhood Resource Centre
Baby food/formula/diapers and food items available on an emergency basis only, 550 Hamilton Rd. Tuesday, Wednesday 9 am – 12 noon, Thursday, Friday 9 am – 4 pm.
For residents of the Hamilton Road area only

Daily Bread Program
Daily Bread Program, St. Paul's Cathedral, 472 Richmond St. at Queens Avenue
9:30 am - 12 pm, Monday to Friday - Baby Food is available.

Families First CAPC White Oaks (South London Community Centre)
1119 Jalna Blvd. 9:30am – 4:30 pm Monday – Friday

Families First CAPC Westminster
1043 Southdale Rd. E. 9:30am – 4:30pm Monday - Friday
Baby food bank for Westminster area residents, call first, (519) 649-1248

Fanshawe College, Student Sharing Shop
1460 Oxford St E, Room B1050 at First Ave / 9-4 Mon-Fri College students only. *Note: if The Student Sharing Shop is closed please go to the Student Success Centre at Room F2010 for assistance*

Gethsemane United Church
1461 Huron St. and Sandford St., Wednesday, Friday 10 am – 1 pm.
No appointment required. (519) 451-0600

Glen Cairn Community Resource Centre
150 King Edward Ave at Thompson Rd Monday, Wednesday, Thursday & Friday 9:00 – 4:30, Tuesday 11:30 – 7:00.
Emergency & Baby Food Bank available to residents of Glen Cairn & Pond Mills Community. Please call ahead for availability of items (519) 668-2745.

London and Area Food Bank –
****Note - Permitted postal code areas only for each depot**

926 Leathorne at Adelaide – (519) 659-4045 9-4 Mon-Fri – All London & Area

Satellite Locations: (Note: You **<u>may not</u>** visit both the Main and Satellite locations)

Argyle Food Depot, (Richards Memorial United Church – Clarke Road Entrance – across from Argyle Mall), 10-3:30 (2nd Thursday) **N5V, N5W**

St. Lawrence Church, 910 Huron St, 11-4:00 (3rd Wednesday) **N5V, N5Y**

New Life Centre, 220 Adelaide St N, 1-5 (3rd Thursday) **N6B, N5W, N5Z,**

Kinsmen Food Depot, Kinsmen Recreation Centre, 11 – 3 (3rd Friday) **N6A, N6C, N6H, N6J**

NW Food Bank Depot at Northwest London Resource Centre 1225 Wonderland Rd N. c/o Sherwood Forest Library, 10 am – 4 pm. (3rd Tuesday) **N6G, N6H**

Northwest London Resource Centre
Emergency Cupboard for northwest residents only N6G N6H at Resource Ctr. Tuesday – Thursday, Appointment Required. Call first (519) 471-8444.

St Vincent de Paul Society Vouchers
Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.

St. Paul's Cathedral
Daily Bread Program – 472 Richmond St (at Queens Ave)
9:30 am – 12:00 pm, Monday to Friday – Baby Food is available

Southdale Chaplaincy Centre
983 Southdale Rd. E.
Baby food bank for Westminster area residents (519) 685-2771

The University of Western Ontario, USC Food Bank – UWO Students only
24-hour anonymous food hamper system; e-mail usc.foodbank@uwo.ca to request a hamper. Locker number and combination provided to pick up the food hamper; Baby food and food vouchers available

White Oaks United Church
1901 Jalna Blvd at Southdale Rd E
Monday and Wednesday 1-3 pm, Saturday 9-12 noon
Residents of the area only, appointment required, call (519) 681-3229

Youth Action Centre
141 Dundas St (Lower)
7-10 am and 3-8 pm Mon-Fri, 1-4 pm Sat from the 15th to the end of the month for youth 16 to 23 years. Baby Food Bank is open all month when supplies are available.

Start Up A Collective Kitchen
For more information on how to start up a Collective Kitchen in your neighbourhood please call London Community Resource Centre (519) 432-1801 ext. 223.

A project of the Hunger Relief Action Coalition.
www.info.london.on.ca/meal.asp